Facilitator Self-Monitoring Tool

- Required paperwork filled out including assessment measures.  Yes ___ No ___
- Importance of homework and need for skill-practice explained.  Yes ___ No ___
- CIB workbooks distributed.  Yes ___ No ___
- Home practice assigned. (if conducted in multiple sessions)  Yes ___ No ___
- Handouts distributed.  Yes ___ No ___
- Estimated percentage of planned content covered: _________
- Rate your success at establishing credibility with most of the parents:
  Very High____  High____  Medium____  Low____  Very Low____
- Rate the overall amount of parental resistance you observed:
  Very High____  High____  Medium____  Low____  Very Low____
- Rate your success at dealing with parental resistance:
  Very High____  High____  Medium____  Low____  Very Low____
- List several methods you used to deal with resistance:
  ____________________________________________________________
  ____________________________________________________________
  ____________________________________________________________
- Did you keep discussion directed towards being present-focused and action- oriented?
  ____________________________________________________________
- Did you reframe negative comments about spouses, family members, etc. with more positive interpretations?
  ____________________________________________________________
Did you establish the rationale for parent skill training to decrease parental defensiveness?

________________________________________________________________________

________________________________________________________________________

Did you give parents recognition for their input to discussions?

________________________________________________________________________

________________________________________________________________________

Did you acknowledge and also reframe parental statements of hopelessness into statements that communicate change is possible?

________________________________________________________________________

________________________________________________________________________

Did you use role-plays demonstrating recommended skills? If yes, was it useful or could something have been improved?

________________________________________________________________________

________________________________________________________________________
Co-Leader or Supervisor Feedback Form

Engagement and interpersonal skills of the Leader:

1. Demonstrated the ability to establish rapport with each member of the group:
   - Not at all
   - Somewhat
   - Moderately
   - Fairly often
   - Very often
   1. 
   2. 
   3. 
   4. 
   5.

2. Encouraged and elicited discussion from all group members:
   - Not at all
   - Somewhat
   - Moderately
   - Fairly often
   - Very often
   1. 
   2. 
   3. 
   4. 
   5.

3. Communicated optimism that parents’ efforts can lead to productive change:
   - Not at all
   - Somewhat
   - Moderately
   - Fairly often
   - Very often
   1. 
   2. 
   3. 
   4. 
   5.

4. Communicated encouragement and support:
   - Not at all
   - Somewhat
   - Moderately
   - Fairly often
   - Very often
   1. 
   2. 
   3. 
   4. 
   5.

5. Listened well and was responsive to parents’ discussions and concerns:
   - Not at all
   - Somewhat
   - Moderately
   - Fairly often
   - Very often
   1. 
   2. 
   3. 
   4. 
   5.

6. Used humour effectively:
   - Not at all
   - Somewhat
   - Moderately
   - Fairly often
   - Very often
   1. 
   2. 
   3. 
   4. 
   5.

7. Displayed cultural sensitivity:
   - Not at all
   - Somewhat
   - Moderately
   - Fairly often
   - Very often
   1. 
   2. 
   3. 
   4. 
   5.
Group Management Skills of the Leader:

1. Followed an agenda and made good use of pacing and timing:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.         2.         3.          4.          5.

2. Established ground rules for group:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.         2.         3.          4.          5.

3. Prevented and managed resistance:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.         2.         3.          4.          5.

4. Prevented and managed conflict:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.         2.         3.          4.          5.

5. Reframed negative interpretations of other people’s motives:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.         2.         3.          4.          5.

6. Was able to interrupt unhelpful discussion in a non-critical way and refocused on core content emphasizing a positive perspective:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.         2.         3.          4.          5.

7. Please comment on the nature and severity of management difficulties presented with this group:

   ________________________________________________________________
   ________________________________________________________________
Teaching and Group Leader Skills the Leader:

1. Was well prepared for the group:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.  2.  3.  4.  5.

2. Emphasized the importance of home practice assignments and reviewed assignments in class:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.  2.  3.  4.  5.

3. Demonstrated broad knowledge of the content covered in the session:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.  2.  3.  4.  5.

4. Provided the rationale for the skills taught:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.  2.  3.  4.  5.

5. Taught without lecturing or being authoritarian and used teaching methods that engaged parents in the process of learning:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.  2.  3.  4.  5.

6. Avoided teaching in connection with confrontation. Communicated support when providing corrections:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.  2.  3.  4.  5.

7. Connected parent-initiated discussion to principles taught in course:

   Not at all  Somewhat  Moderately  Fairly often  Very often
   1.  2.  3.  4.  5.
8. Made use of role-plays. Broke information into teachable units. Clearly described and demonstrated skills. Prompted parents and praised effort:

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<tr>
<th>Not at all</th>
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<th>Moderately</th>
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9. Explained problems parents may encounter when using skills:

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10. Summarized group discussion:

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